Sarah Kerr, PhD
Ritual Healing Practitioner and Death Doula
www.soulpassages.ca

As a Ritual Healing Practitioner and Death Doula, Sarah helps her clients integrate experiences of illness, death and loss.

Sarah's work draws on ancient wisdom teachings, nature-based spirituality, sacred sciences, and the richness of the human soul. She designs and facilitates ceremonies that help her clients and their families to integrate experiences of illness, death and loss. These rituals honour the spiritual significance of what is happening, and bring healing to the living, the dying, and the dead.

Sarah's PhD research explored ways that modern, Western people can restore and re-create meaningful rituals for the significant transitions of life. She has a Master's degree in Environmental Studies and a PhD in Transformative Learning. She's been a student of energetic and shamanic healing modalities since 2000.

As a teacher and mentor to emerging death doulas, Sarah supports her students to find the unique healing gift they carry, and to make it available to their communities. Sarah facilitate private and public healing rituals, and regularly present on topics of holistic death care, life, loss, and transition.

"My passion is creating spaces where all the emotions that emerge around death and loss can be honoured, so we can integrate difficult experiences and move through them smoothly. When we meet endings in our lives this way, beautiful things become possible, even with the pain."